

Teaching the Glance-Back at Each Other Move!

a.k.a. “Over-the-Shoulder” 🐶💕

What You'll Teach:

- Sit & Stay
- Positioning behind your dog
- Cueing your dog to look back at you

Step 1: Teach Sit & Stay 🪑

1. Ask your dog to sit (if they don’t know it yet, lure their nose up with a treat until their bum hits the ground—mark and treat!).
2. Once they’re reliably sitting, work on duration by rapid fire feeding treats. This will create a sticky sit which you can use to capture holding position. Once your dog gets that you are paying for being frozen add the cue "stay". Gradually increase complexity by moving to different locations around your dog while they stay. Build up to standing behind your dog.
3. Next work on changing your position relative to the dog so that you can eventually be back to back with your dog. Build on success. If your dog fails, pick a new spot and try again. If your dog fails, adjust your criteria so that it is easier by half of what you just tried.
4. Gradually increase distance and duration and your movement.
5. Keep sessions short and super fun. End on a success!

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Step 2: Move Behind Your Dog 🎭

1. When your dog can stay for 5-10 seconds, start slowly walking behind them.
2. At first, just stand a few feet back and to the side.
3. If they stay, return and reward! Be sure you have at least 80 percent success otherwise you are training failure.
4. Build to standing directly behind them, back-to-back (or slightly angled at first so they're comfy). Your dog will be sitting with your back turned to you and you will be standing with your back turned to your dog.

Step 3: The Over-the-Shoulder Glancing! 👀

1. Make a soft noise (kissy sound, whistle, or gentle rustle) or wave your hand just out of their side vision.
2. The moment they glance back toward you—click/mark and reward by delivering a treat to their mouth!
3. Practice this a few times from each side—reward even small head turns at first! Always deliver the treat to their mouth.
4. Once they're confident, begin turning your head over your shoulder at the same time as them! 🎬

Pro Tip: Use a camera to sync your timing for the cutest result. 💕🎥



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