



# Treat & Train Training Guide: 5 Clever Ways to Use It!

Available for sale on [Amazon.com](https://www.amazon.com)

The Treat & Train remote reward system is a pawsome tool for reinforcing good behavior from a distance—with zero shouting and all the snacks! 🍪 ✨

Below are five behaviors you can teach or improve using your Treat & Train. Grab your remote, load those tasty treats, and let the fun begin! 🐶 🎉 Prior to starting training make sure your dog has seen the unit and heard the sounds it makes. It is incredibly important that your dog likes the Treat & Train prior to starting any training with it. :)

## 1. 🛏️ **Station Training (Stay on Mat or Bed)**

**Goal:** Teach your dog to relax on a mat or bed until released.

### **How-To:**

- Ideally your dog already knows how to sit and down stay with distractions. We can help with this if you need it.
- Place your dog on their mat and mark with "yes" when they settle (sit or lie down).
- Place the Treat & Train next to the dog so the dog can easily stay in position and eat out of the device.
- Press the remote button to use the Treat & Train to deliver rewards while they stay calmly in place.
- Gradually increase duration and distractions before rewarding.
- Pro Tip: Reward frequently at first, then slowly space out the treats as your pup gets better at staying put.

## 2. 📺 Polite Greetings (No Jumping on Guests!)

**Goal:** Encourage calm sits instead of excited jumping.

**How-To:**

### Phase 1

- When guests arrive, place the Treat & Train behind a baby gate with your dog and press the remote to dispense treats to build an association that guests entering means treats.
- Build more of an association that guests = treats from the dispenser and when your dog lingers by the Treat & Train. Gradually remove the baby gate.
- Add a mat and teach your dog to lay on the mat or dog bed by hitting the remote when they are doing it.
- Overtime gradually add a guest to the scenario. Tell the guest to be calm and avoid talking to or eye contact with your dog.
- Begin asking the dog for down on a mat or dog bed and place the Treat & Train so they can easily eat out of it. Hit the remote providing the dog stays in the down position on the mat or dog bed.

### Phase 2

- When guests arrive, cue your dog to go down on the mat near the door next to the Treat & Train. Or to go to the station of the mat and remain there.
- Use the Treat & Train remote to reward calm downing or stationing as guests enter. You can easily hit the button every second so the unit delivers one treat after another holding your dog at the unit.
- If your pup gets up, pause the treats and try again. For stationing, if your dog leaves the mat, help him back to the mat and then dispense when he returns to the station. This is why you practice this before going live, so you can make sure your dog has the skills before you use it in real life.
- Pro Tip: Practice with friends or family to build a strong "mat-for-greetings" routine. You can also modify the training to just have the dog be near the Treat & Train unit which would be easier than training the down duration behavior.

### 3. 🐾 **Crate Training Confidence**

**Goal:** Create a positive association with the crate.

#### **How-To:**

- Place the Treat & Train near the crate, at an angle leaning against a wall or other heavy objects so that it is tilted and the delivery tray is aimed at the interior of the wire crate. If you are using an airline crate line up the tray with the air holes on the side of the crate. Toss a cookie into the crate, and when your dog enters dispense with the remote three times in a row. Now you can start rewarding your dog for entering or lying down inside the crate.
- Use the remote to reinforce calm crate behavior while you're in another room. This can be great for alone training or fear of missing out training.
- Pro Tip: Start with short sessions and gradually increase crate time with continued positive reinforcement. If working on fear of missing out gradually increase the activity starting with boring things building up to more fun and exciting and thus noisy things.

### 4. 🏁 **Agility Course Motivation**

**Goal:** Build speed, focus, and drive on agility courses.

#### **How-To:**

- Place the Treat & Train at the end of line of jumps or contact obstacle. Back chain the dog from the Treat & Train a few feet at a time alternating off your left and right so that the dog learns to run to the Treat & Train as a target. Use this to create a great go, forward send, running contact or lateral distance.
- Cue your dog to release and perform the selected obstacles and then hit the remote just before they get to your Treat & Train unit. Hit the button 3-6 times for stellar performances.
- Pro Tip: It's like a treasure chest at the finish line—motivation jackpot! 🌟

## 5. ✂ Handling & Grooming Practice

**Goal:** Help your pup stay relaxed during nail trims, brushing, or vet visits.

### How-To:

- Start with short, calm sessions. Gently touch paws, ears, or brush while triggering the Treat & Train.
- Reinforce calm and relaxation with each successful step. Make sure to create a criteria ladder with lots of tiny super easy approximations that way your dog thinks the process is easy and it builds confidence.
- Pro Tip: Let your dog see the Treat & Train unit—that visual cue helps build calm anticipation that FUN is coming!

### 🎉 Final Tips for Treat & Train Success:

- ✓ Keep sessions short and fun—quit while your pup is successful!
- ✓ Use high-value, non-crumbly treats that fit easily into the machine. Small square kibble sized treats are ideal.
- ✓ Fade the Treat & Train gradually as the behavior becomes consistent. If you need help, let us know.

**Your pup is about to become a treat-seeking genius—with great behavior to match! 🌟🐾**

**Happy training and don't forget to share those adorable photos with us! 📸🐶❤️ The staff of Courteous Canine, Inc. LoveDogs@CourteousCanine.com**

